The Westchester County Office for Women (OFW) is dedicated to promoting the physical, emotional and financial well-being of Westchester County residents. The OFW provides direct non-residential services to victims/survivors of domestic violence.

For assistance and referrals, contact Westchester County Office for Women 914.995.5972

women.westchestergov.com

Published with the support of our Community Service Providers.

FREE and CONFIDENTIAL









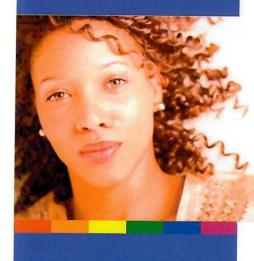






### For the **LGBTQ** COMMUNITY

What to do when Abuse Happens



#### Signs of Abuse - Does your partner:

- · Tell you that no one else will accept / love you because of your sexual orientation or gender expression
- · Threaten to reveal to others that you cross-dress or are transgender
- · Threaten to "out" you to family, friends, co-workers or others
- Assault your surgically/medically altered
- Disrespect your identified gender
- Coerce you into changing your body
- · Refuse to call you by your correct pronouns
- · Hurt you by criticizing, embarrassing or putting you down
- · Try to control what you do, say or wear
- · Try to control where you go
- Call, E-mail or text you constantly
- Become jealous or accuse you of cheating

- Keep you from contacting friends or family
- Prevent access to money or important documents
- · Destroy things you value
- · Force you to have sex
- · Blame you for his/her abusive behavior
- · Repeatedly apologize after assaults with promises to change
- · Spread lies and rumors about you
- Threaten to report you to Child Protective Services or Immigration authorities
- · Threaten to hurt your children, family, friends or pets
- Threaten to take away your children or pets
- Threaten to expose your LGBT identity
- Threaten to commit suicide
- · Threaten or hurt you with weapons or other objects

# Violence targeted at people because

of their real or perceived sexuality or gender identity can be psychological or physical.

Hate crimes can include physical attacks, rapes and more. Bullying or mobbing (action done by a group) is the use of force or coercion to abuse or intimidate others. These actions may be influenced by cultural, religious, or political mores and biases. If you think you may be abused or are not sure - call and talk it over with someone who understands your needs. The services offered can help you to develop a Safety Plan and discuss other options for increasing your safety.

In an emergency, please dial 9-1-1

## Help is always here when you need it.

#### Helpful phone numbers

#### Office for Women Family Helpline

Weekdays 9 a.m. to 5 p.m.....914.995.5972 In Spanish, White Plains......914.995.6581 In Spanish, Yonkers.......914.231.2882 After hours and weekends......914.995.2099 women.westchestergov.com

### 24-Hour Hotlines/Shelters\*/Counseling/ Advocacy/Non-Residential Services

Hope's Door Inc. ......888.438.8700 The LOFT ......914.948.2932 My Sisters' Place Inc.\*.....800.298.7233 Putnam/Northern Westchester Women's Resource Center\*.....845.628.2166 Center for Safety & Change\*.....845.634.3344 \* Shelters - Female/Female Identified Only

If there are no beds in these shelters, please call: Department of Social Services Weekdays 9 a.m. to 5 p.m.....914.995.5000

After hours/weekends 914.995.2099

#### For Help with Sexual Assault or Incest

Victims Assistance Services ...... 914.345.3113

#### **Hudson Valley Community Services, Inc.**

(Formerly ARCS) provides HIV/AIDS services in New York's Hudson Valley region. FREE - confidential testing. Spanish-speaking counselors are available. For HIV testing, call......914.345.8888

#### For domestic violence services throughout New York and the United States call:

NYS DV Hotline......800.942.6906 National DV Hotline...... 800.779.7233

#### To Report Child Abuse

New York State Registry.....800.342.3720

#### To Report Animal Abuse

ASPCA of Westchester......914.941.7797

## No One

has the right to hit, threaten or harass you - not your partner, spouse, parent, children or stranger. Any victim or victims of crime can report incidents to their local police department for further investigation. Know the signs of abuse. Then, ask for help.

There's help, if you need it.



It's free, confidential and NO NAMES are needed.

#### Resources

 Center Lane (Youth) 914.358.1006 White Plains 914,493,1753 Yonkers Web site: centerlaneny.org

 Gay, Lesbian and Straight **Education Network (GLSEN)** 914.962.7888

E-mail: westchesterny@chapters.glsen.org

 Lambda Peer Support Services 914.514.3220

E-mail: lambdapeers@aol.com

 The LOFT: LGBT Community Services Center 914.948.2932

E-mail: info@loftgaycenter.org

 New York Transgender Right Organization 914.514.3220

E-mail: lgbt.westchestergov.com/ support-services/transgender

 Parents, Families & Friends of Lesbians, Gays, Bisexual and Transgender Persons: **PFLAG Westchester** 

English 914.468.4636 Spanish 914.967.9429

E-mail: info@pflagwestchester.org Web site: pflagwestchester.org

 Gay and Lesbian National Hotline 888.843.4564

Web site: glnh.org

 National Coalition of Anti-Violence Programs (NCAVP) 24-hour HOTLINE

212.714.1141

Web site: avp.org

 Westchester County **Human Rights Commission** 914.995.7710

Web site: humanrights.westchestergov.com

The LGBT Advisory Board

914.995.7715 holds monthly meetings; open to the public Web site: lgbt, westchestergov.com